Theory of Knowledge: Defining the I

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

For the following activity, you may use words, phrases, or complete sentences. You can choose to be esoteric or symbolic in your choices. You must complete each aspect of self, and you cannot add more than allotted.

**Sense-Perception: Physical Markers of Self**

Please list elements that encompass your identity. They can relate to any aspect of your physical being. (For example, I would probably mention some aspect of MS)



**Emotion: Emotional Markers of the Self**

Please list elements that describe your emotions. These can be recurrent or continuous emotions.



**Language: Words, Sentences, or Phrases that Mark the Self**

Please list elements of words, sentences, or phrases that typify you. They can be words from another source than the self. (I would place quotes from my favorite poems)



**Imagination: Imaginative Aspects of the Self**

Please list elements of imagination that define who you are. These can be goal-oriented or it can be fantasy.



**Memory: Events that Have Shaped Your Being**

Please list terse bits that have honed who you are today. Try to avoid full sentences if you can. You can list images or phrases.



**Faith: People or Things in Which You Believe**

Please list elements of how faith has defined you. Go beyond religious belief or non-belief (which is still belief).



**Reason: How Rationalization Constructs the Self**

You may use elements of knowledge, justification, or truth that help define you. (I may use gender, as I can reasonably assert that I am fully female.)



**Intuition: How Knowledge without Reason has Defined You**

Please list elements of intuition that have helped define you as a person. You may use words or phrases, as you could use anecdotal evidence. Try to avoid complete sentences.